



To raise money for Prostate Cancer Research and Awareness and Sue Ryder Thorpe Hall.

JULY 18TH / 19TH 2009

Sat 18th

MAIN EVENT:

Paddle the river Nene from source to sea!

An 88 mile non stop paddle marathon from Northampton to the sea, through 38 locks, glorious scenery and a tidal stretch to the finish at Crabs Hole, the start of The Wash or Sutton Bridge Port.

OTHER EVENTS:

Shorter distances available so anyone can join us, young or old, novice or master 15miles, 22 ½ miles & 57miles

All of these events will finish at the Peterborough embankment .

Sat 18th & Sun 19th

On the embankment over both days will be a fair and plenty of stalls selling a wide range of goods covering the whole sport. Also a fairground and plenty of refreshments too.

For more info please contact Steve:

steve@paddle4shaw.co.uk

www.paddle4shaw.co.uk